

Paper bag rattles

Age: 9 months-1 year

Purpose: Provide child with basic lessons about music

Procedure:

Fill a few lunch-size paper bags with different items (uncooked rice, pasta, beans, buttons, bells, small bottle caps, sand, and so on) that, when shaken, will create different sounds. Secure the ends of each paper bag tightly with a rubber band or masking tape. Leave a few inches at the end of the bag for your baby to hold. Place the bags in front of your little one and encourage her to shake each bag and investigate the different sounds.

Outcome:

I think that the lesson went very good except that the children are not used to doing lessons. So they were very confused on what to do. I think it worked well that I did the activity in small groups so I spend time with each child. I think it would be to overwhelming, for the children and for me, to do the lesson for the whole class.

There is only one thing that I would change in my lesson. I think that I would decorate the bags by cutting out pictures from magazines or toy catalogs and gluing them onto each bag. This would make the children more interested in the bag.

