

Paint-in-a-bag

Age: under 1 year

Purpose: develop observation and sensory skills.

Procedure:

Place a few spoonfuls of nontoxic washable tempera paint in a clear plastic airtight sandwich bag. When your baby is sitting in a high chair or lying on his tummy, place the bag in front of him. Encourage Baby to touch the bag to move the paint. (You may need to assist him.) As Baby presses his fingers on the bag, talk about what he's feeling: "The bag is soft and squishy." Your baby may enjoy holding the bag on his own and squeezing the color around.

Outcome:

I think the lesson went very well. I think that it was a very age appropriate lesson and the children seemed to enjoy it.

